



My name is Lucy and I'm from Guatemala.

I am a dietitian who's currently finishing my master's in diabetes and metabolic syndrome. I work for a program that provides patients with nutritional education about diabetes to prevent complications in the future and have a better glycemic control.

A fun fact about me is that I'm also trained as a sous-chef and I love traveling and trying different foods from around the world.

Lucy Herrarte, ND, CDE