



Marina Chaparro is a nationally recognized bilingual nutrition and diabetes expert as well as a media spokesperson. She is the author of *Diabetes & Pregnancy: A real guide for women with Type 1, Type 2 and Gestational Diabetes* by the American Diabetes Association. Marina is a certified diabetes educator and the founder of Nutrichicos, a bilingual nutrition practice specializing in children and family nutrition based in Miami, FL. As a former spokesperson for the Academy of Nutrition and Dietetics, Marina has extensive experience translating science into practical advice for everyday people. Her advice is frequently featured in media outlets such as Parent's magazine, Huffington Post, Medscape, Diabetes Forecast, Miami Herald, and Univision. She's worked with brands including General Mills, National Pork Board, Lactaid, Imagine Snacks, and others, where she develops relevant and unique nutritional content in the form of videos, print, and online media. She has extensive experience working in a pediatric setting providing comprehensive diabetes education to children and families and instructs patients on the latest diabetes-care technology advances. Marina lives with type 1 diabetes herself and is an advocate for teaching individuals how to thrive with diabetes. Chaparro is a graduate of Boston University and earned a master's degree in public health from Florida International University. Marina is originally from the border town of El Paso, Texas, and Cd. Juarez, Chihuahua, Mexico, and now lives in sunny Miami, FL, with her husband and two daughters.

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